



the spa
KOH CHANG

The Natural Spa
Opening Hours
9.00 am - 8.00 pm



massage

TRADITIONAL THAI บวดแผนไทย

90
mins

750
Baht

120
mins

900
Baht

The top standard of traditional Thai massage is offered in our open-air Massage Shala. We include pressure point press and body stretching into this wonderful session.

HERBAL HOT COMPRESS

90
mins

950
Baht

Warm herbal compress is steamed up and applied with classical Thai massage through the session.

BACK, NECK & SHOULDER

90
mins

750
Baht

Bring delight to your upper body with a massage that focuses on your back, neck and shoulders, and stomach using our home-made herbal balm for relieving stress in these particular areas - Best for Office Syndrome

HAND & ARM บวดมือและแขน

60
mins

500
Baht

Revive those tired hands and arms by slowly working out all of the sore muscles.

REFLEXOLOGY FOOT บวดฝ่าเท้า

60
mins

500
Baht

By focusing on the "reflex" points on the bottom of your feet, this one-hour foot and lower leg massage will activate natural and quick relief of aches & pains from your lower body.

RELAXING HEAD & FACE บวดหัวและหน้า

60
mins

500
Baht

An relaxing hour of shoulder, neck, head and face massage. We apply pressure point technique and herbal balm. It's a great way to relieve stress.

massage

SOOTHING AROMATIC OIL นวดน้ำมันหอมระเหย

90
mins

850
Baht

Thai massage applied with a blend of aromatic essential oils and natural massage oil to relieve pain and tension, allowing for absolute relaxation. The preferred choice of aromatic scents can be chosen. Please ask our therapist for the selection of available oils.

THE WORK นวดประคบ 3 ชั่วโมง

180
mins

1500
Baht

Amazing 3 hours of whole body massage; back, neck, shoulders, hands, arms, stomach, and foot

AMPUKU ABDOMINAL นวดช่องท้องแบบอัมพู

30
mins

300
Baht

Our trained practitioners will enhance your fasting program with this traditional Japanese therapeutic massage. They will work on your “hara” (abdomen) and specific acupressure points on your stomach for toxin elimination.

ANTI-CELLULITE นวดตบเซลลูไลท์สลายไขมัน

120
mins

1500
Baht

Anti-Cellulite oil massage starts with 30 minutes of sweaty far-infrared sauna to open up your skin pores. Then, hand strokes and G5 cellulite massage machine are applied, focusing on cellulite-prone body parts such as legs, belly, arms etc. The massage lasts for 60 minutes. Then, have your body wrapped up with plastic wrap and go back into the infrared sauna for another 30 minutes. Finish the session with warm shower and skin moisturizer.

Special offer : Anti cellulite package 5 times only 7,000 Baht

body delight

SPA BODY DELIGHT สปาบอดี้ดีไลท์: อบ ซัก ฟอก นวด

120
mins

1300
Baht

Start off with a herbal steam bath for 20 minutes. After which, a natural mixed scrub (made from Turmeric, Tamarind, Plai and Sea-Salt) will be applied to your body. Then, go for a body mask with milk flakes and honey for 15 minutes. Take a warm shower and end the session with a full hour of relaxing aromatic oil massage and skin moisturization.

REJUVINATION SPECIAL สปารีจิว : อบ ฟอก ฟัน นวด

150
mins

1750
Baht

Begin with 30 minutes of herbal steam bath to open skin pores, followed by clay facial mask and aloe vera body wrap. The session ends by an hour of relaxing aromatic oil massage of your choice.

SUN SOOTHING BODY WRAP พอกตัวด้วยยอโรงรา

60
mins

1000
Baht

Firstly take a 20-minute herbal steam bath, then proceed to the Massage Sala where your whole body will be applied with Aloe Vera gel, wrapped in a cotton sheet and covered with a blanket for 30 minutes and let the Aloe Vera revitalize your skin.

Add 300 Baht for Clay Facial Treatment together with the Wrap

VIP STEAM ROOM & MASSAGE นวดตัวไอน้ำ

90
mins

900
Baht

Take your time relaxing in our Herbal Steam Room and enjoy our Thai slender tea. Just relax in the steam and let the Thai herbs do the work. Then enjoy an hour of relaxing herbal oil massage. After your massage, you will be treated with fresh fruit and rejuvenating watermelon juice.

facial delight

HEALING CLAY FACIAL

กรรทเบบดตทาโคลนภทชาไฟ

45
mins

600
Baht

A deep cleansing with cucumber cleansing gel followed by honey herbal scrubs, then "Healing Clay" beauty mask. After it dries up, we wipe clean with towel and cool water. Cucumber toner is applied to shrink the pore appearance. Finally, we apply cucumber moisturizing cream.

THAI HERBAL FACIAL

กรรทเบบดตทาสนนไฟรทอย

30
mins

600
Baht

This herbal face care regime starts with deep cleansing, scrub and mask with Thai Herbal Scrub (Tanaka, Tamarind, Plai). Wipe clean with hot towel and cucumber facial toner. Get it moisturized and soft with cucumber moisturizer. Soft massage on head and shoulder comes during the session.

ROYAL GOLD FACIAL

กรรทเบบดตทาเบลกทองคำ

45
mins

800
Baht

Deep cleansing with cucumber cleansing gel. Then, scrub with Honey Herbal Milk and follow with special "Royal Gold" beauty mask for 15 minutes. Clean with cool water and dry off. Cucumber moisturizer for facial skin softening to wrap up the session.

SPA FACIAL DELIGHT

สปาเฟเชี่ยลดีไลท

60
mins

1000
Baht

Deep cleansing with cucumber cleansing gel. Then, scrub with Honey Herbal Milk and follow by relaxing face massage. Then, special "Royal Gold" beauty mask for 15 minutes. Clean with cool water and dry off. Apply cucumber moisturizer for facial skin softening.

FACIAL LIFT MICRO-COLLAGEN

คอลลลาเจนสฟต

60
mins

1650
Baht

Start with a deep cleansing cream followed by a gentle facial massage. Then, a micro collagen lifting mask with moisturizing seaweed oil will be applied to help fight wrinkles around your eyes. The treatment end with an application of a rejuvenating cucumber moisturizer.

steam & sauna

HERBAL STEAM BATH อบไอน้ำสมุนไพร

30
mins

300
Baht

We use the traditional Thai herb formula in our steam room. Take a 10-20 minute stay in our tiled steam room with refreshing breaks outside for the cold water splash. Includes sarongs, towel, showers & herbal tea.

FAR - INFRARED SAUNA อินฟราเรดซาวน่า

30
mins

300
Baht

Heating the body's muscles and tissues with radiant heat decreases the aches and pains by relaxing the muscles. It is also known to raise the rate of energy expenditure in the body, which aids in weight loss.

